

Antioxidant-Complex

Description - Product number B018 - 100 capsules

A comprehensive nutrient complex.

Vitamin C, vitamin E, zinc, and selenium in this product contribute to the protection of cells from oxidative damage. Vitamin C, zinc, and selenium also contribute to the normal functioning of the immune system.

A carotenoid complex, r+ alpha-lipoic acid, N-acetyl-L-cysteine, resveratrol, green tea, lingonberry, blackcurrant, pomegranate peel, and broccoli extracts are also part of this formula.

Ingredients and % Reference Intake per 2 Vegicapsules:

Vit. C (calcium ascorbate) 82 mg 102%

Vit. C (magnesium ascorbate) 88 mg 110%

Vit. C (ascorbic acid) 120 mg 150%

Vit. C (zinc ascorbate) 52 mg 65%

Ascorbyl palmitate 20 mg 10.6%

OPC (grape) 10 mg

Pomegranate peel extract* 60 mg

Bioflavonoids (citrus) 50 mg

Resveratrol (Polygonum cusp.) 15 mg

Green tea extract (50% EGCG**) 80 mg

Lingonberry (4: 1 extract) 40 mg

Black current (4:1 extract) 70 mg

Beta carotene 6 mg 62% (RE)

Lutein 6mg

Lycopene 6 mg

Zeaxanthin 3 mg

N-Acetyl-L-Cysteine (NAC) 60 mg

R + Alpha-Lipoic Acid 10 mg

Vit. E (d, α-tocopherol acetate) 100 I.E. 556%

Selenium (L-selenomethionine) 150 mcg (elem.) 272%

Zinc (ascorbate) 10 mg (elem.) 100%

100% Coenzyme Q10 10 mg

Broccoli-extract*** 40 mg

*Pomegranate extract contains polyphenols and flavonoids, such as catechins, gallo catechins, and prodelphinins.

Maximum dose of **epigallocatechin-3-gallate (EGCG) is 800 mg per day.

***BroccoRaphanin® with 10% glucoraphanin.

Capsule shell: HPMC. Fillers: microcrystalline cellulose, vegetable magnesium stearate, silicon dioxide.

Use and warnings:

Adults take 1 capsule twice daily with meals. Do not exceed the recommended dose.

**Maximum dose of epigallocatechin-3-gallate (EGCG) is 800 mg per day. Keep out of reach of children. Do not use if you are hypersensitive to any of the ingredients in this product. A dietary supplement is not a substitute for a balanced diet. Do not consume on an empty stomach or in combination with other green tea products. Not suitable for children under 18, during pregnancy (or when planning to do so), or breastfeeding. Do not take simultaneously with cardiovascular medications (such as the beta-blocker [Nadolol/Corgard](#)). Leave at least 2 hours between taking medication and green tea. For more information about the concomitant use of herbs and medications, see: <https://www.cbg-meb.nl/onderwerpen/medicijninformatie-kruiden>.